

# HILOTHERM Clinic – Brief Instructions Page 1

## START UP

Initial operation or operation following water change

1. Whilst device is switched off, fill with 2 ltrs of **distilled** water. The water level should be between the minimum and maximum level



2. Bleed the air from the pump system. To bleed click the deairing set into one of the plug in coupling on the top of the device. It should click into place. Pull the syringe until water is sucked into the deairing set. Remove the deairing set and empty the syringe back into the water tank.

## PREPARATION

Switching on, connecting hoses and cuffs

1. Use main switch on the back of the device to turn it on.
2. Click in the connection hose(s). Insert the plug-in nipples of the hose into the connection couplings at one side of the device. It doesn't matter which connection is plugged into the back and which into the front. There must be an audible click when the couplings are arresting. If needed, plug in the second hose on the other side.



3. Connect cuff(s) to the hose(s). Insert the plug-in nipples of the cuff into the connection couplings of the hose until arresting with an audible click. It doesn't matter which plug is plugged into which coupling.

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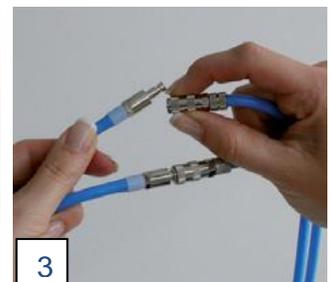
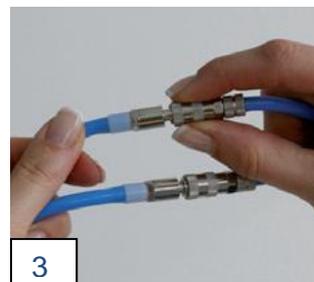
## OPERATION

Temperature setting, start and stop application

1. Temperature setting. Choose the desired nominal temperature using the arrow buttons below the + and – symbols. In case the difference between the desired temperature (Nom.) and the actual temperature is more than 5°C, press start but wait a couple of minutes before starting with the Hilotherapy application and applying the cuff to the patient. Start the application only when the actual temperature is adapted to the nominal temperature with a remaining difference of less than 5°C or ideally when the actual temperature corresponds to the nominal temperature. The temperature can be changed at any time whilst the device is running.



2. Start/stop operation, fill/empty cuffs. To start operation and fill the cuffs press the enter button below the start indication. To stop operation press the enter button below the stop indication.



3. Stop application, disconnect cuffs/hoses. After pressing the stop button, the cuffs/hoses can be disconnected. Therefore pull back the grip ring of the coupling and the nipple will come off the coupling. Follow the same principle to disconnect the coupling between hose and device.